

SCAVENGER HUNT



How to Play:

1) Post each number on your public Instagram account tagging @RunwithP3R and use #GAPRelayChallenge in all posts for it to count, plus any specifically stated tags in the hunt.

2) If you do not have a public account, you can screenshot your posts and email them to info@p3r.org for entry.

How to Win:

Everyone has the chance to win prizes along the way as you complete the items! Complete all ten items and you will be entered to win a FREE pair of Brooks shoes.

UPMC HEALTH PLAN



UPMC SPORTS MEDICINE









1

2.

3.

4

5.

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Take a photo on the GAP Trail, or a trail near you, celebrating the start of your event and tag @gap_trail.

Hydrate with Nuun and tell us your favorite flavor. Be sure to tag @Nuunhydration in this post too!

Post a picture in your favorite running swag from Fleet Feet! Be sure to tag @fleetfeetpitt in this post as well!

Congrats! You won an Eat n' Park cookie!

Show us how you stay safe when running along the trail and tag @UPMCSportsmed

Show us your favorite Honey Stinger product to refuel with and be sure to tag @HoneyStinger Pit Stop at Sheetz and order your MTO on the app, tagging @sheetz in this post as well!

> Congrats! You won a Sheetz Brothers Coffee drink!

6.

7.

8.

9.

10.

Post a picture of your favorite view and tag @paenvironmentalcouncil

Post a picture in your favorite 4RUN2 Tee, or any P3R Store item, and tag @p3rstore

Congrats! You won 20% off your next purchase at the P3R Store!

Tell us what challenged you most and how you pushed through!

Post your finish line moment, celebration, or group shot to celebrate your accomplishment!

Congrats on completing the 2021 GAP Challenge Scavenger Hunt! You have been entered to win a FREE pair of Brooks shoes!