

# KIDS <sup>of</sup> STEEL

## Coaches CODE OF CONDUCT

Kids of STEEL Mission: The Kids of STEEL Program is P3R's youth introductory fitness program that seeks to inspire children, families and communities to live healthy and active lifestyles.

Kids of STEEL Process: The Kids of STEEL (KOS) Team recruits sites and equips volunteer coaches who share the same passion for the mission. These coaches lead their sites in fun activities for kids to stay active through running or other physical movement. Each coach has the responsibility to uphold the standards and expectations listed below that align with the Kids of STEEL Program.

### **Kids of STEEL Coach STANDARDS:**

1. Kids of STEEL Coaches must provide a safe and welcoming environment:
  - a. During all KOS gatherings (i.e. practices, meetings, runs, etc.)
  - b. This includes creating an environment that is mentally healthy, physically safe, developmentally appropriate, inclusive and accessible to all participants.
  - c. Free from derogatory or disparaging language and free from all profanity.
2. Kids of STEEL Coaches should focus less on the competitive aspect of the sport and focus more on the physical and mental health benefits of exercise.
3. Kids of STEEL Coaches should prioritize fun when planning and implementing any KOS activities.

### **Kids of STEEL Coach EXPECTATIONS:**

1. Follow Kids of STEEL standards as well as the standards of the site they represent.
2. Have valid background checks and clearances to work with children at all times.
3. Demonstrate and encourage fair play and sportsmanship.
4. Implement strategies to promote participation by all participants.
5. Use positive and encouraging language when communicating.

\*There are inherent risks while engaging in physical activity. By participating in Kids of STEEL, you assume all risks associated with exercise and physical activity.

\*I agree that my photograph and/or name may appear in any Kids of STEEL/P3R program related materials and/or advertisements and I agree that Kids of STEEL/P3R may use my photograph and/or name without compensation.