



**MAY
3-5**

2024

Race Week Checklist

Presented by:



BEFORE RACE WEEKEND:

Plan your race day outfit(s) and gear and take everything for a trial run

Seasoned runners always say "never wear something new on race day!"

- | | |
|------------------------------------------|-------------------------------------------|
| <input type="checkbox"/> Shoes | <input type="checkbox"/> ID and race belt |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Running watch |
| <input type="checkbox"/> Shorts/leggings | <input type="checkbox"/> Hat/visor |
| <input type="checkbox"/> Shirt | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Sports bra | |

Look up your bib number.

- Marathon, half marathon, marathon relay, and/or 5K participants can look up your bib number at the beginning of race week (anticipated April 30). You will need to know your bib number to pick up your race packet at the Health & Fitness Expo (you will also be able to look up your bib number at the expo).
- Bibs for the kids marathon, toddler trot, 4-mile fitness challenge, champions mile, and pet walk will be organized alphabetically by last name, so you will not receive your race number ahead of time.

Review the Race Guides

You have questions, we have info. Make sure you review the race guides to get all the info you need for a successful race weekend!

GET THE GUIDES

Review the Schedule of Events

Make sure you're on time for your event!

CHECK THE SCHEDULE

SOME EXTRAS

Download the App!

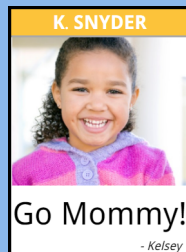
The P3R App will keep you up-to-date on important race info. PLUS! You can track runners and send cheers starting April 30!

DOWNLOAD



Send a Cheer

To your favorite marathon and half marathon runners! They might see your message at the finish line, and they'll definitely see it in an email! (Cheers available starting April 30)



AT THE HEALTH & FITNESS EXPO:

Get your race bib

Confirm all of your information is correct before you leave the expo — if it's not, please go to Participant Services!

Get your race shirt

If you want a different size, go to Booth 362 to swap!

Get your clear Gear Check Bag

Pick up next to Participant Services.

Take and share photos - there are lots of opportunities!

Use #RunPlayPGH and #PoweredByP3R

PLAN YOUR TRIP TO THE EXPO

PLAN YOUR TRANSPORTATION:

This is one our most frequently-asked-about things! Where will I park? How can I get there? Where do I go? We generally can't tell you exactly what route to take or where to park (we don't know where each of you is coming from and we don't know which parking garages will have capacity on race day), but we can make every tool available that we know of!

Review our Getting Around Town info

REVIEW THE INFO

ON RACE DAY:

Be sure to give yourself plenty of time

To park, get your race packet (for Saturday events only if you didn't make it to the expo on Friday), and walk to your event's start line

Check your gear with FedEx

- Near the start line (for 5K and Champions Mile only) on Saturday (pickup on Liberty Ave. next to the Wyndham)
- Near the Gateway T Station on Sunday

After the race:

- Take advantage of the photo opps in the Finish Line Festival, powered by Cleveland Brothers:
 - Magee-Women's Research Institute and Foundation PR Bell
 - Giant 26.2 and 13.1 features, presented by DICK'S Sporting Goods
 - Personalized Finisher Screens, presented by P3R
- Go to the 4RUN2 Store in the Finish Line Festival to get your Finisher Gear!
- Post to social media using #RunPlayPGH and #PoweredbyP3R!

#RunPlayPGH #poweredbyP3R

f /DSGPM /P3RmovesPGH

@pghmarathon @P3RmovesPGH

@pghmarathon @P3RmovesPGH

thepittsburghmarathon.com p3r.org