

RE4

OXFORD ATHLETIC CLUB PITTSBURGH 4-MILE FITNESS CHALLENGE

6

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Finish Line: Marathon Finish Line

1 Weighted Lunge Challenge

- 4900 Liberty Avenue

2 Jump Rope Challenge

- Main Street & Liberty Avenue

3 HIIT Workout Challenge

Sullivan Field

Start Line: Liberty Ave. & Baum Blvd.

1

Liberty Ave

4 Tire Flip Challenge

- 31st Street Lot

54

- **5 Obstacle Course Challenge**
 - 30th Street Lot

6 Full Bodyweight Challenge

- 16th Street & Liberty Avenue