

START- 9:30 AM GNC Pittsburgh 4-Mile Fitness Challenge

North Side (6:00 AM- 9:45 AM)

North Shore to West End Bridge (6:00 AM- 10:00 AM) West End (6:00 AM- 10:15 AM) South Shore (6:00 AM- 11:00 ÁM)

Point Breeze (6:30 AM- 12:15 AM) Homewood (7:00 AM- 12:45 AM) East Liberty (7:00 AM- 1:00 PM)

Downtown (5:30 AM- 2:50 PM) Downtown: Blvd. of the Allies (Friday at Noon- 5:30 PM)

